

Week 1

Hot Entree	Allergens	Hot Entree	Allergens	Hot Entree	Allergens	Hot Entree	Allergens
Walking Taco- Meat and Cheese	M, W	Hot Ham and Cheese	M	Cavatelli	W, M, E	Scrambled Eggs w/ Bacon	E,M
Cold Entree		Cold Entree		Cold Entree		Cold Entree	
K-4th - Cubed Ham, Cheese, WG Crackers	M,W	K-4th - Cubed Ham, Cheese, WG Crackers	M,W	K-4th - Cubed Ham, Cheese, WG Crackers	M,W	K-4th - Cubed Ham, Cheese, WG Crackers	M,W
5th-12th- Chef Salad w/ dressing	W, E, M	5th-12th- Chef Salad w/ dressing	W, E, M	5th-12th- Chef Salad w/ dressing	W, E, M	5th-12th- Chef Salad w/ dressing	W, E, M
Vegetable		Vegetable		Vegetable		Vegetable	
Refried Beans	S, M	Steamed Broccoli and Cauliflower	None	Garden Salad	None	Mixed Fresh Vegetables	None
Lettuce	None	Dairy					
Tomato	None	Cottage Cheese	M				
Fruit		Fruit		Fruit		Fruit	
Orange Slices	None	Rosy Applesauce	None	Mixed Tropicial Fruit	None	Chilled Diced Pears	None
Grain/Bread		Grain/Bread		Grain/Bread		Grain/Bread	
Dorito	M, W, S	Whole Grain Bun	W, Sesame	Garlic Breadstick	M, W	Cinnamon Roll	W,M,E
Condiments		Condiments		Condiments		Condiments	
Ranch	E,M			Italian Dressing on Salad	None	Ranch	E,M
Salsa	None	Dessert		Ranch	E,M		
Sour Cream	M	Brownie	W, E, M, S				

Week 2

Hot Entree	Allergens	Hot Entree	Allergens	Hot Entree	Allergens	Hot Entree	Allergens
Cheeseburger	M, S	Pulled Pork Meat	None	Beef Taco Meat and Cheese	M, W	Mozzarella	W, M, S
Cold Entree		Cold Entree		Cold Entree		Cold Entree	
K- 4th- Pizza Munchable : Flatbread, Marinara, Shredded Cheese and Pepperoni	W, E, M, S, Sesame	K- 4th- Pizza Munchable : Flatbread, Marinara, Shredded Cheese and Pepperoni	W, E, M, S, Sesame	K- 4th- Pizza Munchable : Flatbread, Marinara, Shredded Cheese and Pepperoni	W, E, M, S, Sesame	K- 4th- Pizza Munchable : Flatbread, Marinara, Shredded Cheese and Pepperoni	W, E, M, S, Sesame
Buffalo Chicken Wrap	W, M, S	Buffalo Chicken Wrap	W, M, S	Buffalo Chicken Wrap	W, M, S	Buffalo Chicken Wrap	W, M, S
Vegetable		Vegetable		Vegetable		Vegetable	
Green Beans w/ Bacon	None	Baked Beans	None	Corn and Black Bean Salad	None	Savory Carrots	None
Cucumbers Slices	None	Coleslaw	E			Mixed Fresh Vegetables	None
Fruit		Fruit		Fruit		Fruit	
Fruit Cocktail	None	Warm Cinnamon Apples	None	Pineapple and Mandarin Oranges	None	Banana	None
Grain/Bread		Grain/Bread		Grain/Bread		Grain/Bread	
Whole Grain Bun	W, Sesame	Whole Grain Bun	W, Sesame	Tortilla Shells	W		
				Spanish Rice	None		
Condiments		Condiments		Condiments		Condiments	
Ranch	E,M	BBQ Sauce	None	Salsa	None	Ranch	E,M
Ketchup	None	Dessert		Sour Cream	M	Marinara	None
Mustard	None	Fruit Roll Up	None				

Week 3

Hot Entree	Allergens	Hot Entree	Allergens	Hot Entree	Allergens	Hot Entree	Allergens
Boneless Chicken Wings	W,S	Pork Tenderloin	W, S	Mac and Cheese	W, M, E	Chicken and Cheese Quesadilla	M,W
Cold Entree		Cold Entree		Cold Entree		Cold Entree	
K-4th - PB& J Pack: Grape Uncrustable w/ Srting Cheese:	M,P,W	K-4th - PB& J Pack: Grape Uncrustable w/ Srting Cheese:	M,P,W	K-4th - PB& J Pack: Grape Uncrustable w/ Srting Cheese:	M,P,W	K-4th - PB& J Pack: Grape Uncrustable w/ Srting Cheese:	M,P,W
5th- 12th- Chicken Salad Croissant	M,E,W, S	5th- 12th- Chicken Salad Croissant	M,E,W, S	5th- 12th- Chicken Salad Croissant	M,E,W, S	5th- 12th- Chicken Salad Croissant	M,E,W, S
Vegetable		Vegetable		Vegetable		Vegetable	
Corn	None	Sweet Potato Fries	None	Steamed Peas	None	Steamed Broccoli	None
Rockin' Ceasar Salad	W,E,M	Pasta Salad	W, E	Garden Salad w/ Ranch	E,M	Mixed Fresh Vegetables	None
Fruit		Fruit		Fruit		Fruit	
Apples Slices	None	Diced Peached	None	Fruit Salad	None	Applesauce	None
Grain/Bread		Grain/Bread		Grain/Bread		Grain/Bread	
		Whole Grain Bun	W, Sesame			Tortilla	W
Condiments		Condiments		Condiments		Condiments	
Ranch	E,M	Ketchup	None			Ranch	E,M
		Mustard	None			Salsa	None
		Pickles	None			Sour Cream	M
		Dessert					
		Fruit Slushie	None				

Milk (M), Eggs (E), Wheat (W), Soybeans (S), Peanuts (P), Tree Nuts (T), Fish (F), Shellfish (SF), Sesame (Sesame)

Please be aware that our kitchen uses ingredients that may contain allergens, including but not limited to nuts, milk, wheat, eggs, soy, and shellfish. We take every precaution to minimize cross-contamination; however, we cannot guarantee that any dish is completely free of allergens.