



THE EAGLE UPDATE

PRESCHOOL NEWSLETTER - September 13, 2024

Message from Miss Teri

Another great week in preschool. The kids seem to be settling in well.

Lunch is Week 4.

The four-year-old preschool field trip is Wednesday, September 25. Permission slips went home this week. Please get those in as soon as possible.

Picture days will be September 26 and 27. More specific information will be sent soon.

Book orders are due September 20. [Click here to order.](#)

Today we made wordless salvation bracelets in 4-year-old preschool! Here is the meaning behind each of the beads:

Black...sin

Red...Christ's blood

White...washed white as snow

Yellow...Heaven (streets of gold)

Green...grow in Christ (read Bible and pray)

Leaf Collecting Fun!



Hawkeyes and Cyclones Fun!



Saturday, October 5
5:30 PM
FFA Enrichment Center



You're invited to attend the ACA gala! The Legacy Gala is ACA's annual invitation to the association and the community to see the great school ACA is and offer ways for the community to support the school. This event is rooted in Psalm 78:4 as we honor the school's rich and storied history and celebrate what's possible in our future!

We invite you to see how God is making a difference in the lives of our students, and how YOU can be a part of this vision. It is a fun-filled night celebrating the ways ACA shines their light so others may see our good works and give God the glory. Join us for a meal, dessert, program, and auction. We'll also honor special guests who have made a profound impact at ACA.

Funds raised at this year's gala will support faculty and staff improved and enhanced work experience and optimizations of workspaces. This includes things like lower elementary principal office remodel, classroom associate workspaces, and adding more faculty bathrooms and teacher's lounge! The funds will also support a redesigned main entrance to support safety and security through the addition of a vestibule and main office remodel.

Deadline to purchase tickets is September 20!

[Purchase Tickets Here](#)

Week 1					
Protein	Orange Chicken	Pork Flat Iron Slices	Grilled Chicken Breast	Lasagna Rollups	Cheese Pizza
Starch	Steamed Rice	Baked Potato Slices	Mozzarella Sticks		
Vegetable	Corn	Mixed Vegetables	Baby Carrots	Mixed Vegetables	Mixed Vegetables
Fruit	Apple Slices	Mandarin Orange Slices	Diced Peaches	Kiwis	Applesauce
Week 2					
Protein	Mac & Cheese w/ Ham	Roast Turkey Breast Slices	Beef Ravioli w/ Marinara Sauce	Pulled Pork	Pepperoni Pizza
Starch		Cheesy Mashed Potatoes		Bun	
Vegetable	Mixed Vegetables	Roast Broccoli w/ Parmesan	Mixed Vegetables	Roast Green Beans	Mixed Vegetables
Fruit	Whole Mandarin Oranges	Bananas	Grapes	Applesauce	Apple Slices
Week 3					
Protein	Chicken Cheese Pasta	Chicken Parmesan	Chicken Strips	Chicken Tortellini Alfredo	Cheese Pizza
Starch		Mashed Potatoes	Twice Baked Potatoes		
Vegetable	Green Beans w/ Bacon Bits	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Fruit	Kiwis	Diced Peaches	Apple Slices	Bananas	Mandarin Orange Slices
Week 4					
Protein	Chicken Fettuccini Alfredo	Scrambled Eggs w/ Ham & Pork Sausage Patty	Spaghetti w/ Meatballs	Sloppy Joe Meat	Pepperoni Pizza
Starch		Biscuit w/ Jelly		Bun	
Vegetable	Roast Green Beans	Corn	Roast Broccoli w/ Parmesan	Mashed Potatoes	Mixed Vegetables
Fruit	Apple Slices	Bananas	Whole Mandarin Oranges	Kiwis	Applesauce
All Menus subject to change without notice, a close substitute will be offered based on availability					
Items highlighted in Pink are as Gluten Friendly as we can make them					

Serving Sizes:

Protein: 4oz
 Starch: 3oz
 Vegetable: 1/4 Cup
 Fruit: 1/4 Cup
 Protein & Starch(e.g.: Pastas): 6oz
 Pizza: 2 Slices

Mixed Vegetable Blends (Used as Available)

Bahamas
 Italian
 Capri
 Five Way
 Winter
 California
 Spring
 Pacific
 German
 Mediterranean
 Pea & Carrot
 Key Largo



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